

3147 Lone Oak Rd. Paducah, KY 42003 (800)298-7012 membership@triana-institute.com



Fit Café • Instruction • Aesthetics • Parties • Retail











3 A V I N G 3 M		
SERVICE	NON-MEMBER	MEMBER
HEALTH & WELLNESS / BOUTIQUE MEDICINE Physician Concierge – Unlimited e-mail / text access to Dr. Triana. (Inquire about your hormones, weight loss, allergies, ear infections or any other medical questions)	\$150 per consult	INCLUDED
PRIORITY BOOKINGS	N/A	INCLUDED
M.D. FITNESS Personalized fitness & nutrition program designed especially for you by Dr. Triana.	\$150	INCLUDED
"IN BODY" SCANNING MACHINE (Measures exact muscle, fat, water weight, BMI, calories etc.) Evaluation by Dr. Triana	\$45	INCLUDED
HOUSE CALLS BY DR. TRIANA	\$250/hr.	\$150/hr.
WEIGHT LOSS Reset your metabolism with Dr. Triana's unique weight-loss plan and learn how to give yourself a new start on healthy eating habits, exercise and permanent lifestyle change.	\$195 - 1st time \$175 - 2nd time	\$175 \$150
HORMONE REPLACEMENT THERAPY Prescriptions	\$150 Consult Retail	INCLUDED Wholesale
DETOXIFICATION B-12 Shot Vitamin Infusion Cocktail Chelation Therapy Cocktail (Post chemo therapy cleanser or binds heavy metals for detox)	\$35 \$125 \$150	\$25 \$75 \$99
INJECTABLES (Slim Shot, Amino Energy, & BiMix TriMix)	\$15	15% Off
CHEMICAL PEELS / SKIN RESURFACING / SKIN CARE Diamond Microderm Ultrasound Facial Dr. Triana's Tri-Peel Facial	\$90 \$150	\$75 \$99

SERVICE	NON-MEMBER	MEMBER

BOTOX - (Areas include forehead, crow's feet,	"11" lines. One area usually consists of approx.	20 units)
Botox Injection	\$12/unit	\$10/unit

Botox Underarm (For excessive perspiration) \$1500 \$1200

BOTOX PARTY – Host a party and receive FREE Botox! N/A One Area

FILLERS (PER VIAL)

Juvederm Ultra 4	\$400	\$345
Radiesse	\$500	\$425
Scluptra	\$900	\$765
Silicone	\$99/unit	\$75/unit

RETAIL PRODUCTS Full Price 15% Off & Up

FIT CAFÉ Full Price 15% Off & Up

SPA TREATMENTS Full Price 15% Off & Up

YOGA & MEDITATION TREATMENTS (BY APPOINTMENT ONLY)

Single Class	\$12	\$10
8 Class Pass	\$75	\$64
Unlimited Monthly	\$90	\$75
Private Sessions	\$40/hour	10% Off
Reiki Raindrop	\$55/hour	10% Off
Guided Meditation	\$40/half hour	10% Off

ANY COSMETIC SURGICAL PROCEDURE Full Price 1 Year Free Membership

MEMBERSHIP PACKAGES:

V. Triana Cosmetic Club Membership \$49 per month

- · Fun Day's Exclusive with Dr. Triana
- $\cdot\,\text{VIP}$ access & free admission to seminars & events
- \cdot Private party access to new products, services & discounts
- \cdot Complimentary beverage with each service or retail purchase

Health & Yoga Membership \$129 per month

- · All classes are private or semi-private
- · Classes include complimentary beverage, chilled towels and equipment
 - \cdot Complimentary once a month meditation session

All Inclusive Membership \$159 per month

· The luxury of the above memberships combined

