



# EXCLUSIVE COSMETIC HEALTH & SOCIAL CLUB

Fit Café • Instruction • Aesthetics • Parties • Retail



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3147 Lone Oak Rd.  
Paducah, KY 42003  
(800)298-7012

[membership@triana-institute.com](mailto:membership@triana-institute.com)



SERVICE	NON-MEMBER	MEMBER
<b>HEALTH &amp; WELLNESS / BOUTIQUE MEDICINE</b>	\$150 per consult	INCLUDED
Physician Concierge – Unlimited e-mail / text access to Dr. Triana. (Inquire about your hormones, weight loss, allergies, ear infections or any other medical questions)		
<b>PRIORITY BOOKINGS</b>	N/A	INCLUDED
<b>M.D. FITNESS</b>	\$150	INCLUDED
Personalized fitness & nutrition program designed especially for you by Dr. Triana.		
<b>“IN BODY” SCANNING MACHINE</b>	\$45	INCLUDED
(Measures exact muscle, fat, water weight, BMI, calories etc.) Evaluation by Dr. Triana		
<b>HOUSE CALLS BY DR. TRIANA</b>	\$250/hr.	\$150/hr.
<b>WEIGHT LOSS</b>	\$195 - 1st time \$175 - 2nd time	\$175 \$150
Reset your metabolism with Dr. Triana's unique weight-loss plan and learn how to give yourself a new start on healthy eating habits, exercise and permanent lifestyle change.		
<b>HORMONE REPLACEMENT THERAPY</b>	\$150 Consult	INCLUDED
Prescriptions	Retail	Wholesale
<b>DETOXIFICATION</b>		
B-12 Shot	\$35	\$25
Vitamin Infusion Cocktail	\$125	\$75
Chelation Therapy Cocktail (Post chemo therapy cleanser or binds heavy metals for detox)	\$150	\$99
<b>INJECTABLES</b> (Slim Shot, Amino Energy, & BiMix TriMix)	\$15	15% Off
<b>CHEMICAL PEELS / SKIN RESURFACING / SKIN CARE</b>		
Diamond Microderm Ultrasound Facial	\$90	\$75
Dr. Triana's Tri-Peel Facial	\$150	\$99

**SERVICE**

**NON-MEMBER**

**MEMBER**

**BOTOX** - (Areas include forehead, crow's feet, "11" lines. One area usually consists of approx. 20 units)

Botox Injection	\$12/unit	\$10/unit
Botox Underarm (For excessive perspiration)	\$1500	\$1200
BOTOX PARTY – Host a party and receive FREE Botox!	N/A	One Area

**FILLERS (PER VIAL)**

Juvederm Ultra 4	\$400	\$345
Radiesse	\$500	\$425
Sculptra	\$900	\$765
Silicone	\$99/unit	\$75/unit

**RETAIL PRODUCTS**

Full Price 15% Off & Up

**FIT CAFÉ**

Full Price 15% Off & Up

**SPA TREATMENTS**

Full Price 15% Off & Up

**YOGA & MEDITATION TREATMENTS (BY APPOINTMENT ONLY)**

Single Class	\$12	\$10
8 Class Pass	\$75	\$64
Unlimited Monthly	\$90	\$75
Private Sessions	\$40/hour	10% Off
Reiki Raindrop	\$55/hour	10% Off
Guided Meditation	\$40/half hour	10% Off

**ANY COSMETIC SURGICAL PROCEDURE**

Full Price 1 Year Free Membership

**M E M B E R S H I P P A C K A G E S :**

**V. Triana Cosmetic Club Membership \$49 per month**

- Fun Day's Exclusive with Dr. Triana
- VIP access & free admission to seminars & events
- Private party access to new products, services & discounts
- Complimentary beverage with each service or retail purchase

**Health & Yoga Membership \$129 per month**

- All classes are private or semi-private
- Classes include complimentary beverage, chilled towels and equipment
- Complimentary once a month meditation session

**All Inclusive Membership \$159 per month**

- The luxury of the above memberships combined