

Rudy J. Triana, Jr., M.D., F.A.C.S. www.triana-institute.com

Curriculum Vitae

PERSONAL DATA:

Date and Place of Birth: February 24, 1962, Miami, Florida Married: Wife: Victoria, sons: Enrique (10), Antonio (8) Language: Spanish and English

Personal Address: 213 Golf Cart Drive Mayfield, KY 42066 (561) 400-7432 Kentucky Location: (Primary)
Jackson Purchase Medical Center
1111 Medical Center Circle

SPECIALTIES AT A GLANCE:

Board Certified Facial Plastic & Reconstructive Surgeon Board Certified Otolaryngology Head & Neck Surgeon Bio-identical Hormone Replacement Therapy -Published as a top expert in Suzanne Sommers book "Knockout" and weight loss & nutrition expert

Mayfield, KY 42066

Inventor – AquaFit, ChocFit, Fibersorb, M.D. Functional Coffee Blends, Ka-Powder Sweetener, Pore Baby and The Velvet Elephant Skin Care Lines.

EMPLOYMENT:

07/06/10 - Present: Jackson Purchase Medical Center, Mayfield, KY

6/01/06 - 7/10/12: Private practice-Triana Institute for Aesthetic Surgery & Age Management. Manalapan Island, FL

2/14/05-06/01/06: Private practice-Paradise Cosmetic Surgery and Dermatology. Delray Beach, FL

10/1/01-2/09/05: Private practice. Midwest ENT/ Facial Plastic Surgery, Evansville, IN

7/1/99-9/30/01: Assistant Professor, Division of Otolaryngology/Head and Neck Surgery. The University of North Carolina at Chapel Hill. Carelina Otolaryngology/Head and Neck Surgery, Division of Facial Plastic and Reconstructive Surgery, Wake Medical Center, Raleigh, North Carolina.

HOSPITAL PRIVILEGES:

Jackson Purchase Medical Center: 1111 Medical Center Circle, Mayfield, KY 42066

Bethesda Memorial Hospital: 2815 South Seacreast Blvd. Boynton Beach, FL 33435.

Marshall County Hospital: 615 Old Symsonia Road, Benton, KY 42025. 07/2011 - present.

Florida Medical Center: 5000 W. Oakland Park Blvd., Fort Lauderdale, FL 33313. 07/2005 - present.

Delray Outpatient Surgery Center: 4800 Linton Blvd #B, Delray Beach, FL 33445-6595. 06/2006-10/2007.

University Hospital: 7201 North University Drive, Tamarac, FL 33321. 12/2005-06/2007.

St. Mary's Medical Center: 3700 Washington Avenue, Evansville, IN 47714. (812) 485-4000. 10/2001-02/2005.

Deaconess Hospital: 600 Mary Street, Evansville, IN 47747. (812) 450-5000. 10/2001-02/2005

Methodist Hospital: 1305 North Elm Street, Henderson, KY. (270) 826-1576. 10/2001-02/2005

Wake Medical Center: (UNC Chapel Hill/Dept of Otolaryngology/Head and Neck Surgery). 3024 New Bern Avenue, Suite 200, Raleigh, NC 27610. 07/1999-09/2001.

POSTGRADUATE TRAINING:

4/2/08-4/06/08 - Advanced training in Breast Aesthetic Surgery. American Academy of Cosmetic Surgery. Mark Mandell-Brown, MD, Cincinnati, Ohio.

10/01/07-10/08/07 - Age management Tutorial Training. Cenegenics Medical Institute, Las Vegas, Nevada.

11/15/06-11/22/06 - Advanced training in Aesthetic Breast Surgery. American Academy of Cosmetic Surgery, Tulsa, Oklahoma.

10/04-11/04 - Advanced training in Aesthetic Breast and Body Contouring. Angelo Cuzalina, MD, DDS. Tulsa, Oklahoma.

7/1/98-6/30/99: Fellow, Facial Plastic and Reconstructive Surgery. University of Washington, Seattle, Washington. Wayne F. Larrabee, Jr. MD and Craig S. Murakami, MD, Fellowship Directors.

7/1/94-6/30/98: Resident Otolaryngology/Head and Neck Surgery, University of North Carolina Hospitals, Chapel Hill, North Carolina. Harold C. Pillsbury, III, MD, Chariman.

7/1/90-6/30/94: Naval Flight Surgeon . Naval Aerospace Medical Institute, Naval Air Station Pensacola, Pensacola, Florida

7/1/89-6/3090: Internship in General Surgery. Department of Surgery. University of North Carolina Hospitals, Chapel Hill, North Carolina. George F. Sheldon, MD, Chairman.

GRADUATE TRAINING:

1984-1989 - MD. University of North Carolina School of Medicine, Chapel Hill, North Carolina.

1986-1987 - Fellowship sponsored by the Deafness Research Foundation, Department of Otolaryngology/Head and Neck Surgery, at the University of North Carolina at Chapel Hill. Leave of absence from medical school between 3rd and 4th year to complete research.

UNDERGRADUATE TRAINING:

1980-1984- BA. Wake Forest University, Winston-Salem, NC.

FELLOWSHIPS/GRANTS:

1998: Travel grant awarded by the American Academy of Otolaryngologic Allergy.

1997-1998: Triologic Society Resident Research Award. Division of Otolaryngology/Head and Neck Surgery. University of North Carolina at Chapel Hill School of Medicine. Wendell G. Yarbrough, MD, preceptor.

1/89-6/89: Foreign Research Fellow in Otology. University of Sydney, Sydney, Australia. Professor W.P.R. Gibson, MD, preceptor.

1987-1988: Medical Student Research Fellow of the Deafness Research Foundation. Division of Otolaryngology/ Head and Neck Surgery, University of North Carolina at Chapel Hill.

1987-1988: Southern Medical Association Research Fellow. University of North Carolina at Chapel Hill.

1987-1988: Holderness Medical Research Fellowship, University of North Carolina at Chapel Hill.

1982-1983: Research Fellow of North Carolina Academy of Science, Wake Forest University, Winston-Salem, North Carolina.

MILITARY SERVICE:

1994-2000: Lieutenant, Flight Surgeon, Medical Corps, United States Navy Reserve, Primus Unit, Raleigh, North Carolina. Lieutenant Commander (frocked) but discharged prior to applying rank.

1991-1994: Lieutenant, Flight Surgeon, Medical Corps, United States Navy. Training Airwing Five, Naval Air Station Whiting Field, Milton, Florida.

9/90-2/91 - US Navy Flight surgeon training. Naval Airstation Pensacola Florida.

7/90-9/90: Lieutenant, Staff Physician, Office of Physical Exams, Naval Aerospace Medical Institute. Naval Air Station Pensacola, Pensacola, Florida.

CERTIFICATION:

1999 - American Board of Otolaryngology/Head and Neck Surgery

2001 - American Board of Facial Plastic and Reconstructive Surgery

1993 - present: Advanced Cardiac Life Support Instructor/Provider, State Faculty, North Carolina, Indiana, & Florida.

1993 - present: Advanced Trauma Life Support Instructor/Provider.

LICENSURE:

December 2004 - Present: Florida State Medical License July 2010 – Present: Kentucky State Medical License May 2010 – Present: Arkansas Medical License September 2011- Present: Indiana State Medical License

April 1990: Diplomate, National Board of Medical Examiners.

SOCIETY MEMBERSHIPS:

American Academy of Otolaryngology/Head and Neck Surgery American Academy of Facial Plastic and Reconstructive Surgery American College of Surgeons American Academy of Cosmetic Surgery Association for Research in Otolaryngology Sigma XI Research Society

HONORS:

- 1992 Chief of Naval Air Training Flight Surgeon of the Year
- 1989 Outstanding Intern of the Year
- 1988 Deborah Leary Medical Student Research Award
- 1983 Phi Beta Kappa
- 1983 Omicron Delta Kappa
- 1983 Mortar Board

PUBLICATIONS:

Triana RJ, Murakami CS, Larrabee, WF. Skin Grafts and Local flaps. In: Facial Plastic and Reconstructive Surgery, 3rd ed; Papel, Nachlas, Sykes, Frodel, Holt, Park, Toriumi, and Larrabee, editors. Thieme 2007.

Triana R. Endoscopic Orbital Floor Repair. Occuloplatic Surgery. Holck, 1st edition. Publication - August 2004.

Triana RJ, Murakami CS, Larrabee WF. Skin Grafts and Local Flaps. In: Facial Plastic and Reconstructive Surgery, 2nd ed; Papel, Nachlas, Sykes, Frodel, Holt, Park, Toriumi, Larrabee editors. Thieme 2002.

Triana R. Perspectives. Robert Abbe. Arch Facial Plast Surg. 2000; 2(1) (Jan-Mar):74.

Triana R. Perspectives. Jacques Joseph, Surgical Sculptor. Arch Facial Plast Surg. 1999; 1(4) (Oct-Dec):324.

Triana, R. Perspectives. Professor Alexander Limberg. Arch Facial Plast Surg. 1999; 1(3) (July-Sept): 226.

Triana, R. Perspectives. Sir Harold Gillies. Arch Facial Plast Surg. 1999;1(2) (Apr-Jun): 142-143.

Triana, RJ, Larrabee, WF. Lower Eyelid Blepharoplasty: The Aging Eyelid. Facial Plast Surg. 1999;15(3): 203-212.

Murakami CS, Triana RJ. Local Scalp Flap Reconstruction. In: Facial Plastic and Reconstructive Surgery. Toriumi ed. Thieme. 1999.

Murakami CS, Triana RJ. Ear Lobe Reconstruction. In: Facial Plastic and Reconstructive Surgery. Toriumi ed. Thieme. 1999.

Murakami CS, Triana RJ. Lateral Nasal Wall Reconstruction. In: Facial Plastic and Reconstructive Surgery. Toriumi ed. Thieme. 1999.

Triana RJ, Uglisic V, Virag M, Varga S, et al. Microvascular Free Flap Reconstructive Options in Patients with Maxillectomy Defects. Arch Fac Plast Surg. 2000; 2(Apr-Jun): 91-101.

Triana RJ, Shockley WW. Pediatric Zygomatico-Orbital Complex Fractures: The Use of Resorbable Plating Systems A Case Report. J Cranio-Maxillofac Trauma. 1998;4(3):32-36.

Triana RJ, Hackeling TA. Complications of Airway Devices. In: Emergency Medicine Study Guide 2000. Tintanelli J, ed. McGraw-Hill Publishers, 1999, 1565-1570.

Hackeling TA, Triana RJ. Otolaryngologic Emergencies. In: Emergency Medicine Study Guide 2000. Tintanelli J, ed. McGraw-Hill Publishers, 1999, 1556-1565.

Hackeling TA, Triana RJ, Ma JO, Shockley WW. Emergency care of patients with tracheostomies: A seven year review. Ann Emerg Med. 1998;16(7):681-685.

Ball SS, Prazma J, Dais CG, Triana RJ, Pillsbury HC. Role of tumor necrosis factor and interleukin-1 in endotoxin induced middle ear effusions. Ann Otol Rhinol Laryngol. 1997;106(108): 633-639.

Triana RJ, Carrasco VN. Revision Tympanoplasty. In: Revision Otologic Surgery. Carrasco and Pillsbury, ed. Thieme Publications, 1997: 74-98.

Rust KR, Prazma J, Triana RJ, Michaelis O, Pillsbury HC. Inner ear damage secondary to diabetes mellitus part II: changes in aging SHR/N-cp rats. Arch Otolaryngol Head Neck Surg. 1992;118(4):397-400.

Triana RJ, Suits G, Garrison S, Prazma J, Brechtelsbauer B, Michaelis O, Pillsbury HC. Inner ear damage secondary to diabetes mellitus part I: changes in adolescent SHR/N-cp rats. Arch Otolaryngol Head Neck Surg. 1991; 117(6):635-641.

Triana RJ, Prazma J, Michaelis O, Pillsbury HC. Analysis of blood flow in the tympanic membrane. Clinical Digest Series: Otology and Audiology. 1990;(Oct):128-135.

Carrasco VN, Prazma J, Triana RJ, Faber J, Pillsbury HC. Cochlear microcirculation: The effects of adrenergic agonists on arteriole diameter. Arch Otolaryngol Head Neck Surg. 1990;116:411-417.

Michaelis O, Abraham A, Kimmel P, Velasques M, Triana RJ, Prazma J. Pathophysiological alterations in obese diabetic hypertensive/NIH-corpulent rats. In: Frontiers of Diabetes Research: Lessons from Animals, Diabetes III. Shafrir EE, ed. Smith and Garden Publishers, London, 1990, 330-350.

Triana RJ, Prazma J, Carrasco VN. Analysis of Blood Flow in the Tympanic Membrane. Am J Otol. 1990;11(4):1-7.

PRESENTATIONS/ABSTRACTS:

Triana, RJ. Beauty from the Inside Out. MG Banquet Hall Luncheon & Seminar. Paducah, Kentucky. March 2013

Triana, RJ. Breast Cancer Reconstruction & Your Hormones. Jackson Purchase Medical Center Seminar. Mayfield, Kentucky August 2011

Triana, RJ. The Aging Face. Meeting of the Society of Certified Surgical Technicians. St. Mary's Hospital. Evansville, Indiana. April 24, 2004.

Triana, RJ. Principles of Facial Reconstruction. Meeting of the Society of Certified Surgical Technicians. Meeting of the Society of Certified Surgical Technicians. St. Mary's Hospital. Evansville, Indiana. April 24, 2004.

Triana, RJ. Functional Eyelid Pathology. Meeting of the Society of Certified Surgical Technicians. St. Mary's Hospital. Evansville, Indiana. April 24, 2004.

Triana, RJ. Facial Trauma Management. Meeting of the Society of Certified Surgical Technicians. St. Mary's Hospital. Evansville, Indiana. April 24, 2004.

Triana RJ. Facial Aesthetic Surgery. REI Cuba program. Calixo-Garcia Hospital, Havana, Cuba. March 17, 2004.

Triana RJ. Management of Facial Trauma. Trauma Lecture Series. St. Mary's Hospital, Evansville, Indiana. January 21, 2004.

Triana RJ. All About Botox: Reading Between the lines. Improving the Quality of Life. Family Practice Symposium. September 13, 2003. Evansville, Indiana.

Triana RJ. Rhytidectomy techniques. 8th annual Orbital/Facial Anatomy& Dissection Course. August 25-28, 2003. San Antonio, Texas.

Triana RJ. Forehead and Browlifting techniques. 8th annual Orbital/Facial Anatomy & Dissection Course. August 25-28, 2003. San Antonio, Texas.

Triana RJ. Treatment of the Aging Eyelid and Midface. Southern Illinois Optometric Society. Lake Barkley, Kentucky.

Triana RJ. Common Functional Eyelid Problems. Southern Illinois Optometric Society. August 6, 2003, Lake Barkley, Kentucky.

Triana RJ. Orbital Trauma. Southern Illinois Optometric Society. August 6, 2003, Lake Barkley, Kentucky.

Triana RJ. Botox and Facial Happiness. Meeting of the Tri-state Association of Physician Nurse Assistants. Midwest ENT, March 25, 2003. Evansville, Indiana.

Triana RJ. Botox: Myth or Reality. Non-surgical and Surgical Options in treating the Aging Face. Rolling Hills Country Club, March 20, 2003, Evansville, Indiana.

Triana RJ. Pain Relief: Botox Injections. 7th Annual Pain Symposium, Evansville, Indiana, March 1, 2003.

Triana RJ. Common Problems in Otolaryngology. Monthly Medical Lecture Series, Gibson General Hospital, Princeton, Indiana, December 10,2002.

Triana RJ. Soft Tissue Techniques. St. Mary's Medical Center, Family Practice Residents, Evansville, Indiana, November 7-8, 2002.

Triana RJ. Botox "Myth or Reality". Week of the Woman, The Woman's Hospital (Deaconess Medical Center East), Evansville, Indiana, October 15, 2002.

Triana RJ. Local flaps and Soft Tissue Techniques. 7th Annual Orbital/Facial Anatomy and Dissection Course. BAMC/WHMC, San Antonio, Texas, August 20-22, 2002.

Triana RJ. Rhytidectomy techniques. 7th Annual Orbital/Facial Anatomy and Dissection Course. BAMC/WHMC, San Antonio, Texas, August 20-22, 2002.

Triana RJ. Botox and its cosmetic applications. Health Watch Series. WFIE-14, Evansville, Indiana, April 25, 2002.

Triana RJ. Rejuvenation of the Brow and Forehead. 2nd Annual Carolina Course in Sinus and Facial Plastic Surgery. The University of North Carolina School of Medicine at Chapel Hill. Chapel Hill, NC. April 12-13, 2002.

Triana RJ. A Younger You. Spotlight on Women Health Forum. The Women's Hospital, Deaconess Medical Center, Evansville, Indiana. April 11, 2002.

Triana, RJ. Applied Techniques in Facial Plastic Surgery. The Association of Surgical Technicians, Chapter 16. The Woman's Center, Evansville, Indiana, April 6, 2002.

Triana RJ. Pediatric Allergies. The Women's Group (PRO), Evansville Lutheran Church. Evansville, Indiana, February 27, 2002.

Triana RJ. Otitis Media Update. Tri State Advanced Nurses Association Meeting. Evansville, Indiana, January 31, 2002.

Triana RJ. Endosopic Browlifts. Health Watch Series, WFIE-TV 14, St. Mary's Medical Center, Evansville, Indiana, January 21, 2002.

Triana RJ. Anatomic Considerations in Head and Neck Reconstruction. Grand Rounds, University of Indiana School of Medicine (Southern Indiana Campus), Evansville, Indiana, January 15, 2002.

Triana RJ, Buenting JE, Meredith SD. Approaches and Implants: Current Concepts on the Treatment of Orbital Fractures. Annual Meeting of the American Academy of Facial Plastic and Reconstructive Surgery, Denver, Colorado, September 6-9, 2001.

Triana RJ. Reconstructive Options for Head and Neck Defects. 6th Annual Facial and Orbital Anatomy Dissection Course, Wolford Hall Hospital, San Antonio, Texas, August 20-25, 2001.

Triana RJ. Facelift Anatomy. 6th Annual Facial and Orbital Anatomy Dissection Course, Wolford Hall Hospital, USAF, San Antonio, Texas, August 20-25, 2001.

Triana RJ. Soft Tissue Techniques. 6th Annual Facial and Orbital Anatomy Dissection Course, Wolford Hall Hospital, USAF, San Antonio, Texas, August 20-25, 2001.

Triana RJ. Rhabdomyolysis: Diagnosis and Management. Raleigh School of Nurse Anesthesia. Wake Medical Center, Raleigh, NC. July 19, 2001.

Triana RJ. Microvascular Reconstruction of Complex Defects of the Midface. Educational Topics in Surgery, Carelina Medical Associates, Department of Surgery. Wake Medical Center, March 23, 2001.

Triana RJ. "Ask the expert" series on WRAL-TV 5. Facial Plastic Surgery. March 20, 2001, Raleigh, NC.

Triana RJ. What's New in Facial Plastic Surgery? Alumni Meeting of the Raleigh School of Nurse Anesthesia. Wake Medical Center, Raleigh, NC, March 17, 2001.

Triana RJ. Reconstructive Options for Soft Tissue Defects of the Head and Neck. Triangle Association of PeriAnesthesia Nurses, Wake Medical Center, Raleigh, NC, January 22, 2001.

Triana RJ. Microvascular Reconstructive Options in Patients with Partial and Total Maxillectomy Defects. Department of Surgery Grand Rounds, University of North Carolina at Chapel Hill, Chapel Hill, NC, October 4, 2000.

Triana RJ. Facial Rejuevenation: A guide to better skin care. Skin Sense Day Spa, The Raleigh Hilton. Raleigh, NC, August 16, 2000.

Triana RJ. Midface Reconstruction: Free Flap Reconstructive Options. 5th annual Facial and Orbital Anatomy Course/Dissection Course. Army Medical Education Division (AMEDD), Fort Sam Houston, San Antonio, Tx, August 14-18, 2000.

Triana RJ. Facelift Techniques: An Anatomical Review. 5th annual Facial and Orbital Anatomy Course/Dissection Course. AMEDD, Fort Sam Houston, San Antonio, Tx, August 14-18, 2000.

Triana RJ. Local Skin Flaps and Soft Tissue Techniques. 5th annual Facial and Orbital Anatomy Course/Dissection Course. AMEDD, Fort Sam Houston, San Antonio, Tx, August 14-18, 2000.

Brinson G, Triana RJ. Pediatric Neck Abcess from a Tick Bite. The Annual meeting of the North /South Carolina Otolaryngology/Head and Neck Surgery Society. Asheville, NC, July 27-30, 2000.

Triana RJ. "A Younger You". Educational lecture series. Wake Medical Center, Raleigh, NC, May 8, 2000.

Triana RJ. Nasal Recosnstruction using the Inferior Turbinate Flap. Presented at the annual meeting of the Newton B. Fisher, MD Society, Chapel Hill, NC, May 6-7, 2000.

Triana RJ. Reconstructive Options for Midface Defects. Presented at the annual meeting of the Newton B. Fischer, MD Society, Chapel Hill, NC, May 6-7, 2000.

Triana RJ. The Aging Face. Prime Med lecture series. February 22, 2000. Raleigh, NC.

Triana RJ. Microvascular Free Flap Reconstruction Options in Patients with Partial and Total Maxillectomy Defects. Fall meeting of the American Academy of Facial Plastic and Reconstructive Surgery, New Orleans, Louisiana. September 21-25, 1999.

Triana RJ. Facelift: Anatomy and Procedure. Orbital/Facial Anatomy and Dissection Course. Department of Otolaryngology/Head and Neck Surgery and Ophthalmology. Wolford Hall Medical Center and Brooke Army Medical Center, Fort Sam Houston, Texas. September 13-17, 1999.

Triana RJ. Management of Soft Tissue Facial Trauma. Orbital/Facial Anatomy and Dissection Course. Department of Otolaryngology/Head and Neck, Neck Surgery and Opthalmology. Wolford Hall Medical Center and Brooke Army Medical Center, Fort Sam Houston, Texas. September 13-17, 1999.

Triana RJ. Reconstruction of Maxillectomy Defects. San Antonio Otolaryngology/Head and Neck Society, San Antonio, Texas. September 14, 1999.

Triana RJ. Microvascular reconstruction of the Maxilla. Alumni Day, Department of Otolaryngology/Head and Neck Surgery. University of Washington, Seattle. June 18, 1999.

Triana RJ. Rhytidectomy. Visiting Professor, Department of Otolaryngology/Head and Neck Surgery. University of North Carolina at Chapel Hill, Chapel Hill, North Carolina. January 21, 1999.

Triana RJ, McQueen CT. Ulcerative Supraglottitis: A unique presentation of Post-transplant Lymphoproliferative Disorder. American Society of Pediatric Otolaryngology (Triologic). The Breakers, West Palm Beach, Florida. May 8-12, 1998.

Triana RJ, Carrasco VN. Cochlear Implantation. Hospital National de Militaria. Bogota, Columbia. November 14-16, 1997.

Clark JM, Triana RJ, Meredith SD. Tyrosine crystals in the diagnosis of pleomorphic adenoma. North and South Carolina Otolaryngology/Head and Neck Surgery Assembly. Myrtle Beach, SC. August 1-3, 1997.

Hackeling TA, Triana RJ, Ma OJ, Drake AF. Delayed Post-tonsillectomy hemorrhage in children. Triological Society Combined Spring Meetings (COSM). Scotsdale, Arizona. May 10-15, 1997.

Triana RJ, Blackstock WA, Weissler MC, Gilmer T. Cell cycle protein expression: Potential new markers in the tumorigenesis of head and neck squamous cell carcinomas. American Academy of Otolaryngology/Head and Neck Surgery meeting. Washington, DC. September 29 - October 2, 1996.

Triana RJ. Deep Space Neck Infections: An old disease with a new twist. Second Medical Congress of Nicaragua. Esteli, Nicaragua. August 21-24, 1996.

Triana RJ, Blackstock WA, Weissler MC, Gilmer T. Differences in tumor suppressor protein expression p16 and p21 in two novel head and neck cancer cell lines: A correlation to radiation sensitivity. Fourth International Conference on Head and Neck Cancer. Toronto, Canada. July 28 - August 1, 1996.

Triana RJ. Pediatric Sinus and Ear Diseases. WRAL TV-5 Mini Series on Health Issues. Raleigh, North Carolina. January, 1996.

Triana RJ. Deep Space Neck Infections. North and South Carolina Otolaryngology/Head and Neck Surgery Assembly. Myrtle Beach, South Carolina. August 3-6, 1995.

Triana RJ, Prazma J, Pillsbury HC. Inner ear pathology in type II diabetes mellitus. 12th Midwinter meeting of the Association for Research in Otolaryngology. St. Petersburg, Florida. February 2-4, 1989.

Triana RJ. Pediatric Sinus and Ear Diseases. WRAL TV-5 Minin Series on Health Issues. Raleigh, North Carolina. January, 1996.

Prazma J, Dribben W, Carrasco VN, Triana RJ, Pillsbury HC. Blood flow in the lateral wall of the cochlea. 11th Midwinter meeting of the Association for Research in Otolaryngology. Clearwater, Florida. January 28 - February 2, 1988.

Carrasco VN, Prazma J, Triana RJ, Pillsbury HC. A technique for measurement of vessel diameters and blood flow in the cochlear microvasculature. 11th Midwinter meeting of the Association for Research in Otolaryngology. Clearwater, Florida. January 28 - February 2, 1988.

Triana RJ. Magnitude of blood flow in the tympanic membrane. 11th Midwinter meeting of the Association for Research in Otolaryngology. Clearwater, Florida. January 28 - February 2, 1988.

Carrasco VN, Prazma J, Faber J, Triana RJ, Pillsbury HC. Cochlear microcirculation: The effect of alpha adrenergic agonists on arteriole diameter. American Academy of Otolaryngology/Head and Neck Surgery meeting. Washington, DC. September 23-27, 1988.

Triana RJ. The use of intravital fluorescence microscopy. American Academy of Otolaryngology/Head and Neck Surgery meeting. Washington, DC. September 23-27, 1988.

TEACHING:

Instructor/lecturer for Cutera Company 9/07 - present

Management of Facial Trauma. Trauma Rounds, Department of Surgery, St. Mary's Hospital. May 10, 2004. Evansville, Indiana.

Tracheostomy care. Department of Respiratory Therapy. August 18, 2003. Evansville, Indiana.

Family Practice residents, St. Mary's Hospital, Evansville, Indiana, November 7-8, 2002.

Soft Tissue Course for Surgical Technicians. Methodist Hospital. Henderson, Kentucky, April 20, 2002.

Co-Director of The Carolina Course in Sinus Surgery and Facial Plastic Surgery. Chapel Hill, NC, April 27 - 28th, 2001.

5th annual Facial and Orbital Anatomy Course. San Antonio, Tx, August 14-18, 2000.

Soft Tissue Dissection and Anatomy Course. Department of Otolaryngology/Head and Neck Surgery, University of North Carolina at Chapel Hill, chapel Hill, NC April 15, 2000.

Facial Anatomy. Anatomic Dissection Course. Department of Otolaryngology/Head and Neck Surgery, University of North Carolina at Chapel Hill, Chapel Hill, North Carolina. July 15, 1999.

Cochlear Implants Inservice. Presented to pediatric nursing staff at UNC Children's Hospital, Chapel Hill, NC. 1997-1998.

Tracheostomy complications lecture series presented to the intensive care nursing staff. Wake Medical Center, Raleigh, NC. 1995-1998.

Soft Tissue Course: Techniques in Wound Closure. Presented to all third year medical students beginning surgical rotations at UNC Hospitals. 1996-1998.

Clinical Instructor. Temporal Bone course taught at the Hospital National de Militaria. Bogota, Columbia. November 14-16, 1997.

COURSES:

Cosmetic Breast & Body Contouring Surgery. American Academy of Cosmetic Surgery. Robert Jackson, MD, Gerald Edds, M.D, St. Louis, Missouri, April 18 -20, 2013

Cosmetic Breast Surgery-Live Surgery Workshop: American Academy of Cosmetic Surgery, Mark Mandel-Brown, MD, Course Direcor. Cinicinnati, Ohio, June 7-10, 2007.

Cosmetic Breast Surgery-Live Surgery Workshop: American Academy of Cosmetic Surgery, Angelo Cuzalina, MD,DDS, Course Director. Tulsa, Oklahoma, November 17-21, 2006.

Aesthetic Facial Surgery of the Aging Face. American Academy of Cosmetic Surgery, Steve Hopping, MD, Course Director. Washington, DC, June 20-23, 2005.

Tumescent Liposuction. San Juan Capistrano, California. Jeffery Klein, MD Course Director, September 22-26, 2004.

Aesthetic Facial Surgery. Manhattan Eye & Ear Hospital. New York, New York. November 20-22, 2003.

Rhinoplasty 2001. University of Chicago, Chicago, Illinois. Course Directors: Eugene Tardy, MD, Dean Toriumi, MD, and Ira Papel, MD. June 26 - July 1, 2001.

25th Annual Hawaii Dermatology Seminar. Maui, Hawaii, February 4-10, 2001.

Microvascular Reconstruction of the Head and Neck; Cadaverr Dissection Course. Mark Urken, MD, Mount Sinai Medical Center, New York, New York, February 7-13, 2000.

Raising the Standard in Functional Endoscopic Sinus Surgery. The Western Institute for Surgical Education. Chicago, Illinois, March 18,19, 2000.



- Board Certified Facial Plastic
 & Reconstructive Surgeon
- Board Certified Otolaryngology
 Head & Neck Surgeon
- Hormone & Weight Loss Expert

